

# AR & LE

Fall 2014



Saturday ■ September 13, 2014 ■ 11 am to 2 pm

***Bowling for Buses TRAIL Fundraising Event***

See back cover for details!

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Adaptive Recreation and Learning Exchange partnership (AR&LE) offers recreation, leisure and community education opportunities specifically designed to meet the needs of people with disabilities in the cities of Bloomington, Eden Prairie, Edina and Richfield.



## Adaptive Recreation and Learning Exchange

Serving Bloomington, Eden Prairie, Edina & Richfield

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### WELCOME!

We would like to extend the invitation for you to take part in the variety of programs offered through the Adaptive Recreation & Learning Exchange Partnership (AR&LE). The information provided here should give you a closer look and better understanding of how our program works and where to acquire additional information that you may need. For over 30 years, the Adaptive Recreation and Learning Exchange (AR&LE) has been a leader in providing options for people with disabilities to participate in programs and activities that are specifically designed to meet their diverse needs.

### WHAT IS AR&LE?

AR&LE is made up of two parts - Adaptive Recreation “AR” and Learning Exchange “LE”.

- *Adaptive Recreation:* The cities of Bloomington, Eden Prairie, Edina and Richfield each have programs that are specifically designed for people of all ages with disabilities including; softball, bowling, swimming lessons, fitness programs, skiing/snowboarding, basketball, as well as a number of social programs for both youth and adults.
- *Learning Exchange:* The school districts of Bloomington, Edina, Eden Prairie and Richfield Community Education Adults with Disabilities programs are working together to offer customized classes for adults with developmental and/or physical disabilities. Classes include cooking, independent living skills, health and fitness, and other leisure learning activities.

### PROGRAM CATALOG

AR&LE publishes a quarterly program catalog with descriptions of all programs to be offered for the upcoming season. This is sent out quarterly to all the participants and professionals who are on our mailing list.

**Electronic copies of the current AR&LE program catalog are available via the Internet at: [www.BloomingtonMN.gov](http://www.BloomingtonMN.gov), and enter keywords “Adaptive Recreation” in the search engine.**

### PROFILES

In order to be on our mailing list, each person must complete a profile. Individuals with disabilities who participate in AR&LE programs should fill out a Participant profile. With the completed profile, the information is then available to the program staff so that they can be aware of any health, medical and special needs issues that pertain to the participant. Those individuals who provide support to, or work with the participant, should complete a Professional profile. After requesting a profile from any of the AR&LE staff or filling out and printing an online copy from [www.BloomingtonMN.gov](http://www.BloomingtonMN.gov) return the completed profile to the address below or scan and email to [parkserv@BloomingtonMN.gov](mailto:parkserv@BloomingtonMN.gov).

Bloomington Parks & Recreation  
Attn: Mara  
1800 West Old Shakopee Road  
Bloomington, MN 55431

### PROGRAM FEES AND REGISTRATION

The fees to register for AR&LE programs vary. Some are broken into Resident and Non-resident amounts. A Resident is anyone living in the four cities of Bloomington, Eden Prairie, Edina, or Richfield. Non-residents are considered to be those living outside of these cities. If a non-resident fee is charged, the difference is very minimal.

### REFUND POLICY

Each city reserves the right to implement their own refund policy.

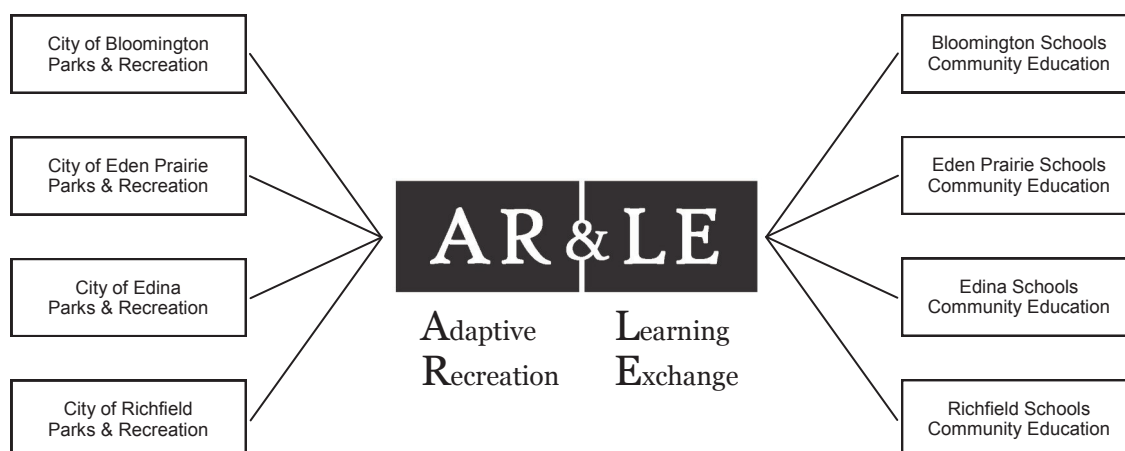
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The Cities of Bloomington, Eden Prairie, Edina and Richfield do not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its services, programs, or activities. Upon request, accommodation will be provided to allow individuals with disabilities to participate in all services, programs, and activities. This information can be available in alternate formats, upon request.

## THE STAFF

The supervisory responsible for the planning and implementation of all the adaptive recreation programs have many years of experience in the Adaptive Recreation field. Their program staff are also highly skilled and dedicated individuals with professional and educational backgrounds in human services fields.

Working together, the Community Education directors from the school districts of Bloomington, Eden Prairie, Edina and Richfield employ a Coordinator for the Learning Exchange. Under the direction of the Learning Exchange Coordinator, professional instructors teach the Learning Exchange classes with the assistance of talented and trained volunteers.



## CONTACT INFORMATION

### Bloomington Adaptive Recreation

- Jackie Doncavage - Recreation Supervisor: 952-563-8877 (tty: 952-563-8740)  
jdoncavage@BloomingtonMN.gov

### Eden Prairie Adaptive Recreation

- Nicole Minton - Recreation Supervisor: 952-949-8457 (tty: 952-949-8399)  
nminton@edenprairie.org

### Edina Adaptive Recreation

- Kristin Aarsvold - Recreation Supervisor: 952-826-0433 (tty: 952-826-0379)  
kaarsvold@EdinaMN.gov

### Richfield Adaptive Recreation

- Ann "Hoffer" Jindra - Recreation Supervisor: 612-861-9361 (MN Relay Service at 711)  
ajindra@cityofrichfield.org

### Learning Exchange

- Gina Carpenter - Coordinator of Alternative Educational Services: 952-681-6122 (MN Relay Service at 711) - gcarpenter@bloomington.k12.mn.us
- Janet Clarke - Community Liaison: 952-681-6121 (MN Relay Service at 711)  
jclarke@bloomington.k12.mn.us



TRAIL (Transportation Resource to Aid Independent Living) provides transportation for adults with developmental disabilities living in Bloomington, Eden Prairie, Edina and Richfield, allowing them to attend customized recreation and leisure programs offered by the Adaptive Recreation and Learning Exchange (AR&LE). Through donations and fundraising TRAIL subsidizes the cost of transportation; as a result, riders pay a nominal fee for their rides. Programs with this bus symbol have TRAIL available. To learn more or to make a donation, go to [www.ridetrail.org](http://www.ridetrail.org), call Michelle at 952-828-0983, or email [ridetrail@msn.com](mailto:ridetrail@msn.com). **The current AR&LE catalog is available at [www.ridetrail.org](http://www.ridetrail.org) under "Resources".**

## PERSONAL PROGRAM CHART

Use the chart below to keep track of your registered programs! If you don't want to cut out the registration forms, **an electronic copy of the current AR&LE program catalog is available via the Internet at: [www.BloomingtonMN.gov](http://www.BloomingtonMN.gov) and enter keywords "Adaptive Recreation" in the search engine.**

Day	Date/Time	Program	Location
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			



Jackie Doncavage - Recreation Supervisor  
 Phone: 952-563-8877  
 TTY: 952-563-8740  
 Email: [jdoncavage@BloomingtonMN.gov](mailto:jdoncavage@BloomingtonMN.gov)  
 Address: 1800 W. Old Shakopee Road  
 Bloomington 55431  
 Website: [www.BloomingtonMN.gov](http://www.BloomingtonMN.gov)



## FALL FORMAL

Friday, September 19, 2014

Dress your best, pin on a corsage or boutonniere, and come out for an elegant evening of glitz, glamour and dancing! Come with a date, a group or on your own. We're teaming up with Project SOAR, Reach for Resources, Windows of Opportunity and the Access Program @ YMCA to host this very special event. Treats will be served.

**Who:** Adults 18+

**Time** 7:00-9:00 pm

**Location:** Minnetonka High School, Cafeteria  
 18301 MN Hwy 7 (frontage road), Minnetonka  
 Park in West Lot—Use TONKA CENTER entrance

**Cost:** \$10 for pre-registration or at the door the day of event.

**Pictures:** Included in cost of event is one 4x6 print per participant. Additional photos are \$1 each, pay at event. Pictures will be mailed to your home after the event.

**Register by:** Pre-registrations (with payment) accepted until the day before the dance or register and pay at the dance. Must have a completed AR&LE Participant Profile on file or be affiliated with one of the other sponsoring agencies.

**TRAIL:** **TRAIL is available!** TRAIL riders must request TRAIL by Monday, September 15, by calling 952-563-8877.



## DANCE YOUR SOCKS OFF!

**Halloween Dance** ■ October 10, 2014

Wear your favorite costume and  
 Monster Mash the night away!

**Holiday Dance** ■ November 14, 2014

Break out your fanciest holiday sweater!

**Who:** Adults 18+

**Time:** 7:00-9:00 pm

**Location:** Valley View Middle School,  
 8900 Portland Avenue South, Bloomington. Parking is available  
 on the West side (back) of the building. Enter through door E  
 on the North end.

**Cost:** \$6 (support staff free). Includes one can of soda or water.  
 Pre-registrations (with payment) accepted until the day before  
 the dance or register and pay at the dance.

**TRAIL:** TRAIL riders must request TRAIL by noon the Monday before  
 each dance by calling 952-563-8877.



Looking for registration forms or want to pre-register/pay for our programs? Go online  
 to [www.BloomingtonMN.gov](http://www.BloomingtonMN.gov) (keyword "Dance") or contact us at 952-563-8877.



Nicole Minton - Recreation Supervisor  
Eden Prairie Parks and Recreation  
Phone: 952-949-8457  
TTY: 952-949-8399  
Email: nminton@edenprairie.org  
Address: 8080 Mitchell Road, Eden Prairie 55344  
Website: www.edenprairie.org

Staff to participant ratio for all programs is 1:3

#### CLUB 204 - AGES 13-22

Hang out with friends after school and be active at the Community Center! Transportation is provided from the high school to the program. No class October 16, 17, 24 or November 7, 27 or 28.

**Dates/Time:** Thursdays and Fridays ▪ September 25-December 12 ▪ 2:30 - 5:00 pm  
**Location:** Eden Prairie Community Center Lounge  
**Cost/Register:** \$300 ▪ Registration deadline is September 4; maximum 10

#### FUN WITH FITNESS - AGES 13-22

A low-impact fitness class designed to enhance range of motion, strength and endurance. Register a parent, sibling, or caregiver for free and workout together.

**Dates/Time:** Saturdays ▪ October 4-October 25 ▪ 11:00 - 11:45 am  
Saturdays ▪ November 1-November 22 ▪ 11:00 - 11:45 am  
**Location:** Eden Prairie Community Center, Studio B  
**Cost/Register:** \$40 each session ▪ Registration deadline is seven days prior to the start.; maximum 10

#### FUN WITH FITNESS - AGES 18+

A low-impact fitness class designed to enhance range of motion, strength and endurance. Register a parent, sibling, or caregiver for free and workout together.

**Dates/Time:** Wednesdays ▪ October 1-October 22 ▪ 6:30 - 7:15 pm  
Wednesdays ▪ October 29-November 19 ▪ 6:30 - 7:15 pm  
**Location:** Eden Prairie Community Center, Room 201  
**Cost/Register:** \$40 each session ▪ Registration deadline is seven days prior to the start.; maximum 10



#### ADAPTIVE ICE SKATING - AGES 10-22

Using personalized instruction, this program encourages skaters of all abilities, at an individual pace, within a group setting. Start by becoming familiar with the ice and learn to stand and fall correctly, then progress to improving balance, coordination, flexibility and strength while learning a number of fundamental skating skills. No previous skating experience is required. Protective head gear (such as a bike helmet) is a must.

**Dates/Time:** Wednesdays ▪ October 1 - November 5 ▪ 7:10 - 7:40 pm  
**Location:** Eden Prairie Community Center  
**Cost/Register:** \$73 ▪ Registration deadline is September 24; maximum 6



#### YOUNG ATHLETES - AGES 2-7

Young Athletes is an innovative sports play program that provides children with intellectual disabilities a setting to practice, enhance, and display their abilities while improving physically, cognitively and socially. Plus, neuro-typical siblings, relatives, or friends can also participate. **Each person must register separately.**

**Dates/Time:** Saturdays ▪ October 25-November 22 ▪ 11:15 am - 12 noon  
**Location:** Eden Prairie Community Center, room 201  
**Cost/Register:** \$33 ▪ Registration deadline is October 17; maximum 8



#### SCHOOL'S OUT - FUSED GLASS MOSAIC AT THE ART CENTER - AGES 13-22

Come create a glass mosaic tile or plate! Your creations will be fired in the glass kiln and available for pick up one week later.

**Date/Time:** Friday ▪ November 7 ▪ 1:00 - 4:00 pm  
**Location:** Eden Prairie Art Center  
**Cost/Register:** \$37 ▪ Registration deadline is October 31; maximum 8

#### SCHOOL'S OUT - MIXED MEDIA AT THE ART CENTER - AGES 13-22

Use mixed media to create a one-of-a-kind masterpiece. No previous experience required.

**Date/Time:** Monday ▪ December 22 ▪ 1:00 - 4:00 pm  
**Location:** Eden Prairie Art Center  
**Cost/Register:** \$37 ▪ Registration deadline is December 15; maximum 8

#### SCHOOL'S OUT - GAMES GALORE - AGES 13-22

Hang out with friends and play board games, basketball or the Wii!

**Date/Time:** Monday ▪ December 29 ▪ 1:00 - 4:00 pm  
**Location:** Eden Prairie Community Center Lounge & Gym  
**Cost/Register:** \$33 ▪ Registration deadline is December 15; maximum 8

#### SCHOOL'S OUT - SNOW TUBING AT ELM CREEK - AGES 13-22

If you enjoy sledding, you are sure to have a good time speeding down the chutes. Dress warm! Bring money for a snack at the chalet.

**Date/Time:** Tuesday ▪ December 30 ▪ 1:00 - 4:00 pm  
**Location:** Community Center Lounge  
**Cost/Register:** \$46 ▪ Registration deadline is December 15; maximum 6



## OUTINGS

### BOATING ON LAKE RILEY - AGES 18-30

Enjoy a fall afternoon on Lake Riley and cruise on the Let's Go Fishing pontoon. Bring your picnic lunch. Registration deadline is September 5; maximum 8

Date: September 14 Time: noon-3:00 pm Location: Riley Lake Park Pavilion Cost: \$30

### APPLE ORCHARD - AGES 13-22

Pick one, pick two or an entire bag! Do you like them sweet, tart or crisp? Let's venture to Deardorff Orchards for apple picking! Registration deadline is September 19; maximum 8

Date: September 28 Time: 1:00-3:00 pm Location: Drop off/Pick up at Senior Center Cost: \$25

### BOWLING & DINNER AT OLD CHICAGO - AGES 18-30

Hang out with friends and bowl a game before going out for pizza. Registration deadline is September 26; maximum 8

Date: October 5 Time: 3:30-6:00 pm Location: Drop off Brunswick Zone, Eden Prairie  
Pick up at Old Chicago Cost: \$33

### SPOOK-TACULAR - AGES 13-22

Check out the slithering snakes, crawling spiders and furry critters! Costumes are optional. Registration deadline is October 17; maximum 8

Date: October 26 Time: 1:00-3:00 pm Location: Outdoor Center Cost: \$38

### MOVIE AT AMC - AGES 13-22

Nothing like watching a good movie while munching on popcorn. Bring \$10 to \$15 for snacks and beverages. The program time may be adjusted due to the show time. Registration deadline is October 31; maximum 8

Date: November 9 Time: 4:30-7:30 pm Location: Drop off/Pick up Eden Prairie Center Cost: \$42

### SHOP 'TIL YOU DROP - AGES 18-30

Bring any amount of money needed for holiday shopping & dinner at the food court. Registration deadline is November 14; maximum 8

Date: November 23 Time: 4:00-6:00 pm Location: Drop off/Pick up Eden Prairie Center Cost: \$26

### RUDOLF THE RED-NOSED REINDEER AT STAGES THEATRE - AGES 13-22

Join Rudolph and his friends Clarice, Hermey the Elf, and Yukon Cornelius, as their adventures teach us that what makes you different can be what makes you special. AD and ASL available. Registration deadline is November 26; maximum 8

Date: December 13 Time: noon-3:00 pm Location: Drop off/Pick up Senior Center Cost: \$36



## Eden Prairie Registration Form

Participant Name		Home Phone		E-mail		Age	
Address/City				Apt. #	Zip Code	Birth Date	
Special Information:							
In order to participate in AR&LE programs, participants <u>must</u> have a completed Participant Profile on file. For more information see page 2 of this catalog.							
Parent/Guardian		Home Phone		Work Phone		E-mail	
<p>THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.</p> <p>WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.</p>							
Participant or Parent/Guardian Signature				Date			
<b>Code</b> <b>Registration begins August 12th</b> 40515 Club 204 ----- <input type="checkbox"/> \$300 40520 Fun with Fitness, Oct 4-25 ----- <input type="checkbox"/> \$40 40521 Parent/Sibling Fun with Fitness, Oct 4-25 ----- <input type="checkbox"/> Free 40522 Fun with Fitness, Nov 1-22 ----- <input type="checkbox"/> \$40 40523 Parent/Sibling Fun with Fitness, Nov 1-22 ----- <input type="checkbox"/> Free 40516 Fun with Fitness, Oct 1-22 ----- <input type="checkbox"/> \$40 40517 Parent/Sibling Fun with Fitness, Oct 1-22 ----- <input type="checkbox"/> Free 40518 Fun with Fitness, Oct 29-Nov 19 ----- <input type="checkbox"/> \$40 40519 Parent/Sibling Fun with Fitness, Oct 29-Nov 19 ----- <input type="checkbox"/> Free 40524 Adaptive Ice Skating ----- <input type="checkbox"/> \$73 40525 Young Athletes ----- <input type="checkbox"/> \$33 40527 School's Out - Fused Glass Mosaic ----- <input type="checkbox"/> \$37 40526 School's Out - Mixed Media at Art Center ----- <input type="checkbox"/> \$37 40528 School's Out - Games Galore ----- <input type="checkbox"/> \$33 40529 School's Out - Snow Tubing at Elm Creek ----- <input type="checkbox"/> \$46				<b>Outings</b> 40530 Boating on Lake Riley, Sept 14 ----- <input type="checkbox"/> \$30 40531 Apple Orchard, Sept 28 ----- <input type="checkbox"/> \$25 40532 Bowling & Dinner, Oct 5 ----- <input type="checkbox"/> \$33 40533 Spook-Tacular, Oct 26 ----- <input type="checkbox"/> \$38 40534 Movie at AMC, Nov 9 ----- <input type="checkbox"/> \$42 40535 Shop 'Til you Drop, Nov 23 ----- <input type="checkbox"/> \$26 40536 Rudolf the Red-Nosed Reindeer, Dec 13 ----- <input type="checkbox"/> \$36  Staff to participant ratio for all programs is 1:3  Mail completed form and check payable to the <b>City of Eden Prairie to:</b>  Eden Prairie Community Center 16700 Valley View Road Eden Prairie, MN 55346			



Kristin Aarsvold - Recreation Supervisor

Edina Parks and Recreation

Phone: 952-826-0433

TTY: 952-826-0379

Email: [kaarsvold@EdinaMN.gov](mailto:kaarsvold@EdinaMN.gov)

Address: 4801 W. 50<sup>th</sup> Street, Edina 55424

Website: [www.EdinaParks.com](http://www.EdinaParks.com)

### FALL BOWLING CLUB - AGES 7-18

Bowling is fun! Come learn to bowl or enhance your skills. Have fun being part of the team, making new friends and meeting up with your club. Teams will be arranged by age. VOLUNTEER support is welcome!

**Fall Session:** Saturdays  
September 20-November 15  
**Winter Session:** Saturdays  
January 24-March 21  
**Time:** 12 noon - 1:30 pm  
**Location:** Brunswick Eden Prairie Lanes  
12200 Singletree Lane  
**Cost:** \$100/session for residents  
\$105/session for nonresidents  
**Register by:** September 3;  
minimum 6, maximum 12



### PRESENTS FOR THE HOLIDAYS - AGES 16 AND UP

Gifts that come from the heart are treasured. Join us as we make special gifts to give to friends and family over the holidays. Adults ages 16 and older are welcome.

**Dates:** Fridays ▪ November 7-December 12 (no class November 28)  
**Time:** 6:00-7:30 pm  
**Location:** Edina Senior Center, Classroom #2  
5280 Grandview Square  
**Cost:** \$68  
**Register by:** October 21; minimum 6, maximum 12



### DREAM ICE SKATING - AGES 5 - 15

This class encourages skaters of all abilities to have fun learning to skate on their own pace. Taught by certified coaches and supported by 1:1 volunteers. No previous skating experience needed. Hockey helmet required.

**Dates:** Sundays ▪ September 7, 14, 21, 28, October 5 & 12  
**Time:** 10:40 - 11:40 am  
**Location:** Braemar Arena  
**Cost:** \$150  
**Register by:** August 25; minimum 6, maximum 20



## GET FIT VALUE PASS

AR&LE participants can use the indoor track at Edinborough Park at a reduced price. Purchase a Get Fit Value Pass for \$25.00 for 10 admissions to the walking track (only). Edinborough is located at 7700 York Avenue South. Bring your pass when you walk.

One family member or personal support staff can attend for free. Participants must provide their own supervision while using the track.

Purchase passes in person at the Edinborough Park office at 7700 York Avenue South, Edina. Telephone 952-833-9540.



### Edina Registration Form

Participant Name		Home Phone	Cell Phone	E-mail	Age
Address/City			Apt. #	Zip Code	Birth Date
Special Information: Will PCA or Staff Attend with participant? <input type="checkbox"/> Yes <input type="checkbox"/> No			Dietary needs/allergies:		
In order to participate in AR&LE programs, participants <u>must</u> have a completed Participant Profile on file. For more information see page 2 of this catalog					
Parent/Guardian		Home Phone	Cell Phone	E-mail	
<p>THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.</p> <p>WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.</p>					
Participant or Parent/Guardian Signature _____			Date _____		
R= Resident, NR=Nonresident <div style="text-align: center;"><u>R</u>      <u>NR</u></div> Bowling Club Fall Session----- <input type="checkbox"/> \$100 <input type="checkbox"/> \$105 Winter Session----- <input type="checkbox"/> \$100 <input type="checkbox"/> \$105 Presents for the Holidays----- <input type="checkbox"/> \$68 DREAM Ice Skating----- <input type="checkbox"/> \$150			Mail completed form and check payable to the <b>City of Edina to:</b>  Edina Parks and Recreation 4801 W 50 <sup>th</sup> Street Edina MN 55424		
TOTAL FEE(S) PAID: \$ _____					
Credit Card Information _____ Exp. Date _____					



Ann "Hoffer" Jindra  
Recreation Supervisor  
Richfield Recreation Services  
Phone: 612-861-9361  
TTY: 711 (Minnesota Relay Service)  
Email: [ajindra@cityofrichfield.org](mailto:ajindra@cityofrichfield.org)  
Address: 7000 Nicollet Avenue South  
Richfield 55423  
Website: [www.cityofrichfield.org](http://www.cityofrichfield.org)

## LEAGUE BOWLING

Join a competitive league team or work on skills in a non-competitive open bowl setting. Play up to three games each week and have fun with friends! Fee includes an AR&LE Bowling T-shirt. Please indicate size on registration form.

**Who:** Adults 18 and older. **REGISTER EARLY, spaces fill quickly!**

**Date/Time:** Saturdays ■ 9:20 am - 11:45 am

Session 1: September 20 - November 15, 2014

Session 2: January 24 - March 21, 2015 (March 28 make-up)

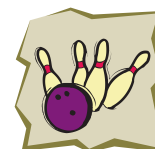
**Location:** Brunswick Zone, Eden Prairie Lanes, 12200 Singletree Lane

**Cost:** Session 1: Nine weeks, \$105 resident, \$115 nonresident

Session 2: Nine weeks, \$105 resident, \$115 nonresident

**Register by:** **September 2 for Session 1; January 5 for Session 2 or until full.**

**League bowl** is set-up for those who are able to bowl independently with little to no staff assistance. League bowlers, if you have a team or would like to play with a certain person, please indicate the other person's name on the comments area of your registration form. **Open bowl** is set-up for individuals who may need assistance while bowling, use a wheelchair or walker, or will need a ramp. Please choose League or Open on the registration form. **AR&LE staff make final decisions on team placements.** Maximum 124 participants. Maximum 24 TRAIL riders.



## DOWNHILL SKI LESSONS/SNOWBOARD LESSONS/SKI CLUB

This six week program is for individuals seven and older with the ability to stand up while learning to ski or snowboard. Ski Club members must be referred by ski lesson staff and be able to ski independently. Volunteer to participant ratio 1:1 or 1:2 (lessons). Students with mobility impairments are referred to Courage Alpine Skiers. **We will have a different night and new location for the 2015 season!** We will return to the newly renovated Hyland Ski Area in 2016. Experienced skiers & snowboarders are needed as volunteers!

**Date/Time:** Wednesdays ■ January 21 - February 25, 2015 (make-up March 4) ■ 6:30 pm - 8:45 pm

**Location:** **NEW - Buck Hill, 15400 Buck Hill Road, Burnsville**

**Cost:** If you have your own equipment: \$140 resident, \$150 nonresident

If you need to rent equipment: \$160 resident, \$170 nonresident

**Register by:** Residents only until October 6, open to nonresidents beginning October 7. Deadline December 1.

Maximum 40 students for ski lessons; maximum 20 students for snowboard lessons;

Maximum 15 participants in ski club



## CARDIO FITNESS

Stay in great shape with an aerobic exercise program improving your overall fitness level. Please wear workout shoes and clothes. Register early, spaces fill quickly.

**Who:** Adults 18 and older who can be safely supervised by 1 staff person per 25 participants and follow simple choreography.

**Dates/Time:** Fall Session: Mondays and Wednesdays ■ September 15 - November 5 ■ 7:00 - 8:00 pm

Holiday Session: Wednesdays only ■ November 12 - December 17 ■ 7:00 - 8:00 pm

**Location:** Richfield Community Center, 7000 Nicollet Avenue South

**Cost:** Fall Session: 2 days per week: \$48 resident, \$52 nonresident

Fall Session: 1 day per week: \$24 resident, \$26 nonresident \*Please indicate Mon and/or Wed on registration form.

Holiday Session: \$18 resident, \$20 nonresident, Wednesday only

**\*\*Two TRAIL buses are available for Wednesday nights only for both Fall and Holiday sessions.**

**Minimum of five riders and maximum of twenty riders for each session, so sign up early.\*\***

**Register by:** September 8, for Fall session, November 5, for Holiday session; minimum 10 per night, maximum 25 per night

## MOVIES AND MUNCHIES

Meet new people, visit with friends, and enjoy a movie on the big screen!

**Who:** Adults 18 and older. Support staff are asked to assist clients as needed.

**Dates/Time:** Fridays ■ 7:00 - 9:00 pm

Sept 5 **Frozen** (\$8 movie & pizza)

Oct 3 **Muppets Most Wanted**

Nov 7 **Million Dollar Arm**

Dec 5 **Four Christmases**

**Location:** Richfield Community Center, 7000 Nicollet Avenue South

**Cost:** \$5 per movie **payable at the door.** This is to cover the cost of your munchies. \$8 for September 5 movie & pizza. Support Staff are invited to attend free of charge. (September 5 staff are required to pay \$6 if they would like pizza.)

**Register by:** Call 612-861-9385 by 12:00 pm the Tuesday before each movie to register. TRAIL riders must request a ride by checking the box on the registration form or call in by the Tuesday before each movie. maximum 50.





## GOOD HAPPENINGS

Good Happenings is a social club for adults 22 and older who enjoy participating in recreational activities and events with a group of friends. Activities are listed below. Sign up for all or select just a few of the activities offered!

**Renaissance Festival** – Experience the life of a fictional 16th Century fantasy kingdom! This fun and magical festival offers an abundance of costumed entertainers, comedy shows and food. Bring your own spending money for lunch! *Please note, the Renaissance Festival is outdoors and has uneven terrain. Group will attend rain or shine and tickets are non-refundable.* Registration deadline: September 9; min 15, max 25

Date: Sun, Sept 14      Time: 11:00 am-5:00 pm      Location: Bus leaves from Richfield Community Center      Cost: \$33  
Staff cost: \$18 for admission ticket

**“The Jungle Book” JHS Fall Play** – Enjoy an afternoon watching Jefferson High School students perform a Disney classic, “The Jungle Book”! Please arrive by 2:30 to take your seat. There will be an intermission, if you would like concessions, bring extra money. Registration deadline: September 22; min 10, max 30

Date: Sun, Oct 5      Time: 2:30-5:00 pm      Location: Bloomington Jefferson High School      Cost: \$16  
Staff cost: \$10 for admission ticket

**Halloween Fun & Scary Sundaes!** – Get ready to dress up in your Halloween costume, play ghostly games and have an ice cream sundae with all of your favorite toppings. There will be a prize for best costume! Registration deadline: October 24; min 15, max 40

Date: Thurs, Oct 30      Time: 7:00-8:30 pm      Location: Richfield Community Center      Cost: \$12  
Staff cost: \$3 for sundae

**Vikings Football Party**– Watch the Vikings take on the Chicago Bears on the big screen at the Richfield Community Center! We will have sub sandwiches w/all the yummy sides for lunch! Wear your team colors! Registration deadline: November 10; min 15, max 40

Date: Sun, Nov 16      Time: noon-3:30 pm      Location: Richfield Community Center      Cost: \$15  
Staff cost: \$8 for food

**11th Annual Thank Goodness for Friends Thanksgiving Dinner** – Enjoy the company of your Good Happenings friends as you visit while enjoying the spread of good food and dessert at Old Country Buffet! Registration deadline: November 20; min 15, max 40

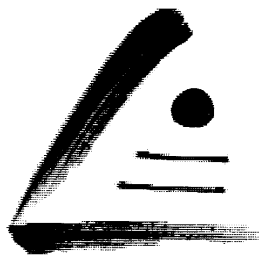
Date: Tues, Nov 25      Time: 6:45-8:15 pm      Location: Old Country Buffet, Richfield      Cost: \$17  
Staff cost: purchase own dinner

**Everybody’s Birthday Party!** – Let’s celebrate everybody’s birthday as we near the end of 2014! We will play Bingo, have a “mocktail” toast and light the candles on the birthday cake to celebrate everyone’s special day all at once! Please eat dinner beforehand. Registration deadline: December 8; min 15, max 40

Date: Fri, Dec 12      Time: 7:00-8:30 pm      Location: Richfield Community Center      Cost: \$15  
Staff cost: \$5 for cake & drinks

## Richfield Registration Form

Participant Name		Home Phone		E-mail		Age																																																																																					
Address/City				Apt #	Zip Code	Birth Date																																																																																					
Special Information:				Food Allergies:																																																																																							
Emergency Contact			Home Phone		Work Phone																																																																																						
<p>THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.</p> <p>WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.</p>																																																																																											
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Munchies</p> <p>Frozen (Sept 5) ..... <input type="checkbox"/> TRAIL</p> <p>Muppets Most Wanted (Oct 3) ..... <input type="checkbox"/> TRAIL</p> <p>Million Dollar Arm (Nov 7) ..... <input type="checkbox"/> TRAIL</p> <p>Four Christmases (Dec 5) ..... <input type="checkbox"/> TRAIL</p> <table border="0"> <tr> <td><u>Good Happenings</u></td> <td><u>Participant</u></td> <td><u>Staff</u></td> <td><u>TRAIL</u></td> </tr> <tr> <td>Renaissance Festival, Sept 14</td> <td><input type="checkbox"/> \$33</td> <td><input type="checkbox"/> \$18</td> <td><input type="checkbox"/></td> </tr> <tr> <td>“The Jungle Book”, Oct 5</td> <td><input type="checkbox"/> \$16</td> <td><input type="checkbox"/> \$10</td> <td><input type="checkbox"/></td> </tr> <tr> <td>Halloween Fun &amp; Scary Sundaes, Oct 30</td> <td><input type="checkbox"/> \$12</td> <td><input type="checkbox"/> \$3</td> <td><input type="checkbox"/></td> </tr> <tr> <td>Vikings Football Party, Nov 16</td> <td><input type="checkbox"/> \$15</td> <td><input type="checkbox"/> \$8</td> <td><input type="checkbox"/></td> </tr> <tr> <td>Thanksgiving Dinner @ OCB, Nov 25</td> <td><input type="checkbox"/> \$17</td> <td><input type="checkbox"/> yes</td> <td><input type="checkbox"/></td> </tr> <tr> <td>Everybody’s Birthday Party!, Dec 12</td> <td><input type="checkbox"/> \$15</td> <td><input type="checkbox"/> \$5</td> <td><input type="checkbox"/></td> </tr> </table> <p><b>Mail completed form and check, payable to the City of Richfield to:</b></p> <p>Richfield Recreation Services 7000 Nicollet Avenue Richfield, MN 55423</p>				<u>Good Happenings</u>	<u>Participant</u>	<u>Staff</u>	<u>TRAIL</u>	Renaissance Festival, Sept 14	<input type="checkbox"/> \$33	<input type="checkbox"/> \$18	<input type="checkbox"/>	“The Jungle Book”, Oct 5	<input type="checkbox"/> \$16	<input type="checkbox"/> \$10	<input type="checkbox"/>	Halloween Fun & Scary Sundaes, Oct 30	<input type="checkbox"/> \$12	<input type="checkbox"/> \$3	<input type="checkbox"/>	Vikings Football Party, Nov 16	<input type="checkbox"/> \$15	<input type="checkbox"/> \$8	<input type="checkbox"/>	Thanksgiving Dinner @ OCB, Nov 25	<input type="checkbox"/> \$17	<input type="checkbox"/> yes	<input type="checkbox"/>	Everybody’s Birthday Party!, Dec 12	<input type="checkbox"/> \$15	<input type="checkbox"/> \$5	<input type="checkbox"/>
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THE LEARNING EXCHANGE

Gina Carpenter - Coordinator of Alternative Educational Services  
Phone: 952-681-6122  
TTY: 711 (Minnesota Relay Service)  
Email: [gcarpenter@bloomington.k12.mn.us](mailto:gcarpenter@bloomington.k12.mn.us)  
Janet Clarke - Community Liaison  
Phone: 952-681-6121  
Email: [jclarke@bloomington.k12.mn.us](mailto:jclarke@bloomington.k12.mn.us)  
Address: 2575 West 88<sup>th</sup> Street, Bloomington 55431  
Website: [www.bloomington.k12.mn.us](http://www.bloomington.k12.mn.us)

Learning Exchange classes are for adults, 18 years and older.

**On-line Registration Site and Web Site :** For on-line registration, go to **[br.thatscommunityed.com](http://br.thatscommunityed.com)** and create an account. Or link from our web page at **[bloomington.k12.mn.us](http://bloomington.k12.mn.us)** and click on *Community Services*, then *Adults with Disabilities*, then *Registering for Classes*.

### Personal Leisure and Healthy Lifestyles



#### **LET'S ACT: HALLOWEEN FUN!**

Let's create stories with a Halloween theme! Join Janet and friends to create a wacky 'Mad Libs' story about Halloween, then act it out. Have a funny or creepy mask? Bring it to help tell a story. It's not scary - it's hilarious!

**Date/Time:** Thursday ▪ October 9 ▪ 7:00 - 8:15 pm  
**Location:** Washburn Elementary School, Lunchroom  
8401 Xerxes Ave. So., Bloomington  
**Cost:** \$10, checks payable to **ISD 271**  
**Register by:** September 25; minimum 6, maximum 20



#### **SHOOTING POOL**

Have a blast learning the basics of shooting pool or practicing what you already know! This class shows you the basics and will give you time to play several games with other class members and volunteers from the Pool Room.

**Date/Time:** Monday ▪ September 8 ▪ 7:00 - 8:15 pm  
**Location:** Edina Senior Center, 5280 Grandview Square, Edina  
**Cost:** \$8, checks payable to **ISD 271**  
**Register by:** August 25; minimum 6, maximum 12



#### **NEW! MARTIAL ARTS SAMPLE CLASS**

Have you been interested in taking a karate, Kung Fu or Tae Kwon Do class but didn't know what to expect? Martial arts training teaches awareness of self and surroundings while improving self-esteem and self-confidence. Here's your opportunity to meet instructors, try some moves and get your questions answered. Find out more about martial arts classes near where you live! One or more presenters at this class will be teaching classes in Bloomington, Edina, Eden Prairie, Richfield, as well as Burnsville, Chaska, Hopkins, Mendota Heights, Minnetonka, Shakopee, and St. Louis Park.

**Date/Time:** Tuesday ▪ September 30 ▪ 7:00 - 8:15 pm  
**Location:** Washburn Elementary School, Lunchroom, 8401 Xerxes Ave. So., Bloomington  
**Cost:** \$8, checks payable to **ISD 271**  
**Register by:** September 16; minimum 6, maximum 20



#### **FLU FIGHTERS AND MORE!**

Come have fun learning about winter health. Plus get useful info about vaccines you still need to keep updated as an adult. Find out how to tell the difference between the flu, a common cold and a sinus infection and how to take care of yourself. Get a hand-out of info to take home. Led by Bethel University Nursing students. Staff and caregivers welcome at no charge when attending with a paid learner.

**Date/Time:** Thursday ▪ November 20 ▪ 7:00 - 8:00 pm  
**Location:** Jefferson High School, Media Center, 4001 W. 102nd St., Bloomington  
**Cost:** \$8, checks payable to **ISD 271**  
**Register by:** November 6; minimum 6, maximum 16



#### **LINE DANCING!**

Line dancing is a great way to get your body moving! Tricia from *Dance and Entertainment* leads an energy-filled hour of dance moves that you can make part of your own style. You'll be ready the next time you hear country music or the Macarena breaks out at a dance party!

**Date/Time:** Monday ▪ November 3 ▪ 7:00 - 8:00 pm  
**Location:** Washburn Elementary School Lunchroom, 8401 Xerxes Avenue South, Bloomington  
**Cost:** \$10, checks payable to **ISD 271**  
**Register by:** October 20; minimum 8, maximum 40



## SENSATIONAL SLIME

Just in time for Halloween, it's slimy science! Join Science Explorers for experiments that you can squish, squeeze and mash. We will explore the properties of polymers by making different slimes, including slimes that will glow in the dark. Bring some of your polymer experiments home to amaze your family and friends. The class is more than hands-on; it's hands in! Curious but don't like to handle slime? Register anyhow - we'll have classroom partners to help mix for you, so let the slime begin!

**Date/Time:** Monday ▪ October 27 ▪ 7:00 - 8:30 pm  
**Location:** South View Middle School, Room 201 (enter door #1), 4725 South View Lane, Edina  
**Cost:** \$10, checks payable to **ISD 271**  
**Register by:** October 13; minimum 6, maximum 16



## CHAIR YOGA AND RELAXATION

Come stretch, breathe, feel more energized, but relaxed! It's the magic of yoga. We'll do poses and relaxation exercises seated in a chair – no laying on the ground, no mats. As with all exercise classes, if you have any health issues, check with a doctor first.

**Dates:** Tuesdays ▪ September 16 ▪ October 21 ▪ November 18 ▪ December 16  
**Time:** 7:00 - 8:00 pm  
**New Location:** Fraser Sheridan Court Commons Room, 2500 W. 66th Street, Richfield  
**Cost:** All four classes for only \$18, checks payable to **ISD 271**  
**Register by:** September 9; minimum 6, maximum 12



## COCOA AND CAROLS

Sing holiday songs and Christmas carols accompanied by piano music, and sip hot cocoa. What a wonderful way to celebrate the season with friends!

**Date/Time:** Thursday ▪ December 4 ▪ 7:00 - 8:15 pm  
**Location:** Edina Senior Center, 5280 Grandview Square, Edina  
**Cost:** \$12, checks payable to **ISD 271**  
**Register by:** November 24; minimum 6, maximum 40



## Arts & Crafts

### CRAFTS FOR EVERYONE!

Join us for a fun evening making great decorations to keep or give as gifts. These fill fast—sign up soon! **TRAIL riders: Not all classes offer TRAIL. Verify on the Registration Form that your choice offers TRAIL.**



## CHARMING SOCK OWL

It's no longer a sock, it's a curious owl with personality! Make your own stuffed owl as a great decoration for Halloween or a year-round charmer. Whooo's ready to craft one?!

**Date/Time:** Monday ▪ October 6 ▪ 7:00 - 8:00 pm  
**Location:** South View Middle School, Room 201 (enter door #1), 4725 South View Lane, Edina  
**Cost:** \$12, checks payable to **ISD 271**  
**Register by:** September 22; minimum 6, maximum 16



## FABULOUS FUSED GLASS

Come create a fabulous glass mosaic 3" x 3" tile. Each person will choose colors of brightly colored glass and assemble the pieces. Your creation will be fired in the glass kiln and then mailed to you in a padded envelope. Your tile would be beautiful displayed in front of a light, on a table top, or hung in a window. Makes a great gift, too.

**Date/Time:** Tuesday ▪ October 14 ▪ 7:00 - 8:30 pm  
**Location:** Eden Prairie Art Center, 7650 Equitable Drive, Eden Prairie  
**Cost:** \$20 (includes mailing tile to you), checks payable to **ISD 271**  
**Register by:** September 30; minimum 8, maximum 15



## HOLIDAY CARD STAMPING 2014

Make four greeting cards with rubber stamping techniques and designer paper for Christmas and holiday greetings. Stamp a gift bag to carry home your cards; re-use the gift bag when you give a present. Bonus opportunity to stamp to/from tags for gift giving as well!

**Date/Time:** Monday ▪ November 10 ▪ 7:00 - 8:30 pm  
**Location:** South View Middle School, Room 201 (enter door #1), 4725 South View Lane, Edina  
**Cost:** \$12, checks payable to **ISD 271**  
**Register by:** October 27; minimum 6, maximum 16



## CLASSY CHAIN-STITCH SKINNY SCARF

Fantastic fashion that you make yourself! Using a textured 1/2" wide yarn, you will learn how to make a simple chain by hand. Tie one or more lengths together in a circle, add some bling, and enjoy a unique fashion accessory. Make one for yourself and one as a gift.

**Option 1:** Tuesday ▪ Dec 2 ▪ 7:00 - 8:00 pm  
 Sheridan Court Commons Room, 2500 West 66th Street, Richfield  
**Option 2:** Tuesday ▪ Dec 9 ▪ 7:00 - 8:00 pm  
 Lyndale Court Commons Room, 10325 Lyndale Avenue South, Bloomington  
**Cost:** \$12, checks payable to **ISD 271**  
**Register by:** Two weeks before class; minimum 6, maximum 10



## Cooking Classes

### **NEW THIS FALL:**

**Dining Club:** for everyone ▪ **Chef's Club:** for independent learners - see below under Specific Group Programs.



### **DINING CLUB**

Do you love to help make food then eat it?! Dining Club is for all ability levels of learners who can follow safety instructions. Staff/volunteer to participant ratio is approximately 1:3; group home staff are expected to stay and assist. The focus is preparing food together and socializing while eating and washing dishes together. Bring containers for potential leftovers and take home the written recipe!



**TRAIL riders:** Only ONE Thursday cooking class has TRAIL. Usually it is the second Thursday class of a pair of classes. See registration form to verify that your choice offers TRAIL.

**Time:** Dining Club classes meet from 7:00 pm - 8:30 pm  
**Location:** Jefferson High School, 4001 W. 102nd St., Bloomington, Cooking Lab A100  
**Cost:** \$15 per class, checks payable to **ISD 271**  
**Register by:** Two weeks before class; minimum 6, maximum 15 (Hurry, these fill fast!)

**Cheesy Bread & End-of-Summer Pasta** Thursday, Sep 18 or Thursday, Sept 25 (TRAIL)

Now's the time to enjoy the ripest tomatoes of summer in a delicious pasta dish. Top off the meal with warm, melty cheesy bread and this will become one of your favorites of the season!

**Crispy Chicken & Mashed Potatoes** Thursday, Oct 16 or Thursday, Oct 23 (TRAIL)

You can cook the best crispy chicken in the oven! Learn the secret breading recipe and make mashed potatoes for comfort food that will take you into the winter months.

**Green Eggs & Ham** Thursday, Nov 6 or Thursday, Nov 13 (TRAIL)

Don't let the title fool you - this is no Dr. Suess book! Instead you'll make delicious scrambled eggs with a savory green sauce that will have you coming back for more! Add some ham and this makes a great meal for any time of the day.

**Holiday Make and Take** Thursday, Dec 11 or Thursday, Dec 18 (TRAIL)

We'll be decorating sugar cookies and ginger cookies, dipping pretzels and more. Have fun with friends and take home a plate of treats to enjoy yourself or share with others!

### Specific Group Programs

Classes below are appropriate for learners with learning disabilities or social disabilities who are independent learners, ages 20 to 39. Learners should be comfortable reading and understanding basic written information. Wonder if this is a good match for you? Call Janet to discuss: 952-681-6121



### **CHEF'S CLUB**

Do you love to eat? Want to cook REAL food and get the food-making skills to live independently? Chef's Club is for learners who can work independently, with a minimum of direction. Learners should be able to safely use knives, oven and stove top without direct supervision. Staff to participant ratio is approximately 1:5. The focus is making a meal while learning to read a recipe; learn basic food preparation techniques like cutting and chopping, roasting and sautéing, etc. and food-related tips and tricks. And, of course, having fun together! Bring containers for potential leftovers.

**Dates/Time:** Mondays ▪ September 29, October 20, November 17 ▪ 7:00 - 8:30 pm  
**Location:** Jefferson High School, 4001 W. 102nd St., Bloomington, Cooking Lab A100  
**Cost:** \$45 for 3-class session, checks payable to **ISD 271**  
**Register by:** September 15; minimum 6, maximum 12



### **MAKING THE MOST OF YOUR MONEY**

Does your money sometimes seem to run out faster than you expect? We'll have fun discussing wants and needs when it comes to spending, saving, giving and investing. Get to understand your style of handling money better. Discover ideas that will help you make useful spending decisions and still have a good time! You'll take home a list of your own money priorities and encouraging ideas to make the most of your money.

**Date/Time:** Monday ▪ November 24 ▪ 7:00 - 8:15 pm  
**Location:** Jefferson High School, Media Center, 4001 W. 102nd St., Bloomington  
**Cost:** \$8, checks payable to **ISD 271**  
**Register by:** November 10; minimum 6, maximum 15



### **FUTURE DIRECTIONS**

Have you heard of 245D? Have you thought about options for future decision makers for you and your adult child with disabilities? Join us to learn more about these topics and get some answers to your questions. **Carolyn Dobis, Director of Programs & Services for ProACT** and member of *Sages* will present an overview of 245D and how this licensing requirement impacts delivery of community and home-based services for persons with disabilities. **Eric Jonsgaard, First Fiduciary Corporation** and member of the MN Assoc. for Guardianship & Conservatorship (MAGiC), will discuss options for different levels of decision makers you can arrange, from successor and professional guardianships to Power of Attorney and Health Care Directives, for both you and your adult child with disabilities.

**Friday, October 10, 2014 ▪ 1:00-3:00 p.m.**

**Christ the King Church, Fellowship Hall ▪ 8600 Fremont Avenue South, Bloomington**

**Please RSVP by Tuesday, Oct. 7,** by contacting Gina Carpenter at the Learning Exchange at [gcarpenter@bloomington.k12.mn.us](mailto:gcarpenter@bloomington.k12.mn.us), or call 952-681-6122. There will be a charge of \$15 per person at the door, group rate of \$75 for six or more professionals from same organization. **Please make checks payable to ISD #271.** Light refreshments will be served.

*SAGES is a collaboration of community organizations offering education about disability issues. SAGES workshops are for self-advocates, family members, caregivers and service providers of people with disabilities.*

Register on-line with a credit card or link to your checking account:  
br.thatscommunityed.com Or mail in this form with payment to:  
ISD 271 - Learning Exchange, 2575 W. 88th Street, Bloomington, MN 55431

**Note: Checks MUST be made payable to ISD 271 or they will be returned. Thanks!**

## Learning Exchange Registration Form

Participant Name	Home Phone	E-mail	Age
Address	Apt. #	City	Zip Code
<b>Staff will attend:</b> Yes <input type="checkbox"/> No <input type="checkbox"/> Allergies/Medical Concerns:			
Parent/Guardian	Home Phone	Cell/Work Phone	E-mail
Emergency Contact	Phone/s	Relationship	

THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.

WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City or School District shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City or School District, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City or School District, its agents or employees from any such claims, injuries, or damages.

WAIVER: I understand and agree that Adaptive Recreation and Learning Exchange may use my photo image for publicity purposes.

Participant or Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

TRAIL Riders please check TRAIL Box

<u>Class ID</u>		<u>Cost</u>	<u>TRAIL</u>
<b><u>Personal Leisure &amp; Healthy Lifestyles</u></b>			
LE85F	Let's Act: Halloween Fun!, Oct 9 .....	<input type="checkbox"/> \$10	<input type="checkbox"/>
LE16F	Shooting Pool, Sept 8.....	<input type="checkbox"/> \$ 8	<input type="checkbox"/>
LE87F	NEW! Martial Arts Sample Class, Sept 30 .....	<input type="checkbox"/> \$ 8	<input type="checkbox"/>
LE84F	Flu Fighters and More, Nov 20 .....	<input type="checkbox"/> \$ 8	<input type="checkbox"/>
LE86F	Line Dancing, Nov 3 .....	<input type="checkbox"/> \$10	<input type="checkbox"/>
LE83F	Sensational Slime, Oct 27 .....	<input type="checkbox"/> \$10	<input type="checkbox"/>
LE11F	Chair Yoga and Relaxation		
	Tuesdays: Sept 16, Oct 21, Nov 18, Dec 16.....	<input type="checkbox"/> \$18	
LE13F	Cocoa & Carols, Dec 4 .....	<input type="checkbox"/> \$12	<input type="checkbox"/>
<b><u>Arts &amp; Crafts</u></b>			
LE79F	Charming Sock Owl, Oct 6 .....	<input type="checkbox"/> \$12	<input type="checkbox"/>
LE82F	Fabulous Fused Glass, Oct 14 .....	<input type="checkbox"/> \$20	<input type="checkbox"/>
LE80F	Holiday Card Stamping, Nov 10 .....	<input type="checkbox"/> \$12	<input type="checkbox"/>
	Classy Chain-Stitch Skinny Scarf		
LE81F-A	Option 1: Fraser Sheridan Ct, Dec 2.....	<input type="checkbox"/> \$12	
LE81F-B	Option 2: Fraser Lyndale Ct., Dec 9 .....	<input type="checkbox"/> \$12	

<u>Class ID</u>		<u>Cost</u>	<u>TRAIL</u>
<b><u>Cooking Classes</u></b>			
<b>New Dining Club</b> Note: TRAIL only available on some Thursdays.			
TRAIL Riders should make sure the class you select has TRAIL available.			
Cheesy Bread & End-of-Summer Pasta			
LE75F-A	Thurs, Sept 18 .....	<input type="checkbox"/> \$15	
LE75F-B	Thurs, Sept 25 .....	<input type="checkbox"/> \$15	<input type="checkbox"/>
Crispy Chicken & Mashed Potatoes			
LE76F-A	Thurs, Oct 16 .....	<input type="checkbox"/> \$15	
LE76F-B	Thurs, Oct 23 .....	<input type="checkbox"/> \$15	<input type="checkbox"/>
Green Eggs & Ham			
LE77F-A	Thurs, Nov 6 .....	<input type="checkbox"/> \$15	
LE77F-B	Thurs, Nov 13 .....	<input type="checkbox"/> \$15	<input type="checkbox"/>
Holiday Make & Take			
LE78F-A	Thurs, Dec 11 .....	<input type="checkbox"/> \$15	
LE78F-B	Thurs, Dec 18 .....	<input type="checkbox"/> \$15	<input type="checkbox"/>
<b><u>Specific Group Programs</u></b>			
LE89F	Chef's Club: Sept 29, Oct 20, Nov 17.....	<input type="checkbox"/> \$45	<input type="checkbox"/>
LE88F	Making the Most of Your Money, Nov 24 ..	<input type="checkbox"/> \$ 8	<input type="checkbox"/>

Mail complete form to: ISD 271/Learning Exchange  
2575 W 88th Street  
Bloomington, MN 55431

**Checks MUST be made payable to ISD 271 or they will be returned.**

TOTAL FEE(S) PAID: \$ \_\_\_\_\_ ☐ Check/Money Order Payable to: **ISD 271**

Credit Card: ☐ Visa ☐ MasterCard ☐ Discover

Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

By signing above, I authorize my Credit Card to be charged

Date \_\_\_\_\_



The Adaptive Recreation & Learning Exchange  
1800 W. Old Shakopee Road  
Bloomington MN 55431-3096

# B<sup>owling</sup> for Buses

**EVERYONE** is invited to this exciting fundraising event to support TRAIL, a local non-profit, whose mission is to provide transportation for adults with developmental disabilities to AR&LE programs. **Bowlers will enjoy two games of bowling, pizza buffet and automatic entry for great door prizes.** Not a bowler? With a tax-deductible donation of \$12, spectators can watch the fun and enjoy lunch.

**Saturday ■ September 13, 2014**

**11 am to 2 pm**

Eden Prairie Brunswick Zone

2200 Singletree Lane

**\$20 for bowlers**

**\$12 for spectators, or \$15 at the door**

**Tickets go on sale August 1st at [www.ridetrail.org](http://www.ridetrail.org)**



*A small nonprofit ....  
making a huge impact!*

Tickets can also be purchased via mail by sending a check by September 5th to TRAIL, 574 Prairie Center Drive, Suite 135-274, Eden Prairie, MN 55347. Questions? Email [ridetrail@msn.com](mailto:ridetrail@msn.com) or call 952-828-0983.

Want to do something more? Or can't join the fun, but still want to support TRAIL's "Bowling for Buses?" **Become a lane sponsor!** E-mail [ridetrail@msn.com](mailto:ridetrail@msn.com) for more info.



The Eden Prairie AM Rotary is proud to sponsor the bowlers' pizza buffet in support of TRAIL's transportation service to AR&LE League Bowling!

**Watch for the AR&LE Winter 2015 Catalog the week of November 17, 2014!**